2026年 10月 レジャーチャンネル中継場一覧

		JLC680				JLC681				JLC682				JLC683				JLC684					
		8:10	10	10:30	11:30	13	17:15	18:15	19:15	8:10	10	10:30	11:30	13	17:15	18:15	19:15	8:10	10	10:30	11:30	13	17:15	18:15	19:15
		9:30	10:10	11	12	14	17:30	18:30	20	9:30	10:10	11	12	14	17:30	18:30	20	9:30	10:10	11	12	14	17:30	18:30	20
		9		10:30	11:30	13	17:15	18:15	19:15	9		10:30	11:30	13	17:15	18:15	19:15	9		10:30	11:30	13	17:15	18:15	19:15
		9:30	10:10	11	12	15	17:30	18:30	20	9:30	10:10	11	12	15	17:30	18:30	20	9:30	10:10	11	12	15	17:30	18:30	20
		9		10:30	11:30	13	17:15	18:15	19:15	9	9:55	10:30	11:30	13	17:15	18:15	19:15	9	9:55	10:30	11:30	13	17:15	18:15	19:15
		9:30	10:10	11	12	14	17:30	18:30	20	9:30	10:10	11	12	14	17:30	18:30	20	9:30	10:10	11	12	14	17:30	18:30	20
		9		10:30	11:30	13	17:15	18:15	19:15	9	9:55	10:30	11:30	13	17:15	18:15	19:15	9	9:55	10:30	11:30	13	17:15	18:15	19:15
		9:30	10:10	11	12	15	17:30	18:30	20	9:30	10:10	11	12	15	17:30	18:30	20	9:30	10:10	11	12	15	17:30	18:30	20
		9		10:30	11:30	13	17:15	18:15	19:15	9		10:30	11:30	13	17:15	18:15	19:15	9